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***Blessings for the Backpack of the Soul* provides inspiration for pilgrims**

A convenient new book provides pilgrims and other backpackers with food for thought on their journeys. *Blessings for the Backpack of the Soul: Words of Inspiration for Pilgrims on the Way* is a diverse, multilingual collection edited by G. Christopher Clark.

Inspired by the Camino de Santiago, a 500-mile path across northern Spain, *Blessings for the Backpack of the Soul* offers eloquent messages from every continent, across many religious traditions and ways of knowing. Whether you want to plead for strength, give thanks for nature, request divine guidance, or ponder your life goals, it's all here. There are more than fifty prayers, poems, and song lyrics from fifteen countries.

While the collection should have broad appeal, it was clearly designed for Camino pilgrims. Carrying the free ebook version on a smartphone adds no weight to a backpack. The paper edition is small, lightweight, and inexpensive (it is a non-profit venture). Just as pilgrims come from many nations and religious traditions, so does the material in the book. Finally, most of the material comes with a translation, so *peregrinos* can easily share it with Spaniards they meet on the way.

Clark conceived the idea of the book in February 2020, when COVID-19 forced him to scuttle his dream of walking the Camino this year. He was gathering prayers and other inspirational material to bring along on his phone but the collection of individual texts grew unwieldy, so it was merged into a single document. Clark wanted to be able to share the document, so he secured permission from dozens of authors and the project became a book. Visit gchrisclark.com/book to learn how to download a copy of the free ebook or purchase the paperback.

Basic information:

Blessings for the Backpack of the Soul: Words of Inspiration for Pilgrims on the Way

Edited by G.Christopher Clark, © 2020, 130 pages

Free ebook:

Kindle-friendly PDF, 2.1MB, download at gchrisclark.com/book

Paperback:

ISBN: 9781716761126, self-published through Lulu.com

Available online worldwide through Amazon (\$8.27 US) and other booksellers

Brick-and-mortar bookstores can order through Ingram

About the author:

Chris Clark spent 37 years helping faculty integrate technology into their teaching. He started his career as a high school Spanish teacher and finished up as a faculty developer at the University of Notre Dame, where he wrote a popular blog and taught "Applied Multimedia" among other duties. Now retired, Clark lives near Saugatuck, Michigan.

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